#### Low-Power System Design

227-0781-00L Fall Semester 2019 Jan Beutel



# Plan for Today

- MAC Layer Techniques
  - Constructive interference: A-MAC
  - Network Flooding: GLOSSY
  - MAC Layer Timestamping
- Recent Research
  - Evaluating Concurrent Transmissions
- Network Time Synchronization
  - Basics, Fundamental Effects
  - Protocol Examples
- Slides contain material from P. Dutta, F. Oesterlind, F. Ferrari, A. Schaper and R. Wattenhofer



### MAC LAYER TECHNIQUES – CONSTRUCTIVE INTERFERENCE

Low-Power System Design

# Wireless Interference

• Spatially close wireless stations transmit signals at the same time and with the same frequency

Stations A, B, and C transmit signals to a common receiver R

- Destructive interference
  - Interference generally reduces the probability that a receiver correctly detects the information
- Constructive interference
  - A receiver detects with high probability the superposition of the signals generated by multiple transmitters

### IEEE 802.15.4 Uses DSSS Modulation



# IEEE 802.15.4 Modulation

- 1 Byte is divided into 2x 4-Bit Symbols
- Each Symbol is mapped to a pseudo-random noise (PN) sequence with 32 chips (2 MChips/sec)
- Offset-Quadrature Phase Shift Keying (O-QPSK) with half-sine chip shaping (equivalent to MSK modulation)



• PN sequences introduce randomization and redundancy

# IEEE 802.15.4 Modulation Scheme

- IEEE 802.15.4: standard for 2,450 MHz wireless radios
- A 3-step process converts binary data to a baseband signal



• In-phase and quadrature-phase components of the baseband signal determine the phase of the transmitted RF signal

#### Half-Sine O-QPSK Modulation: Example



- Data rate:  $1/T_c$  chip/s = 2 Mchip/s = 62.5 ksymbol/s = 250 kbps
- The information carried by each chip generates a complete phase change of the RF signal every 0.5  $\mu s$

# Synchronous Transmissions

 Multiple nodes transmit same packet at same time Ferrari, F. and Zimmerling, M. and Thiele, L. and Saukh, O. (2011). Efficient Network Flooding and Time Synchronization with Glossy. In *10th International Conference on Information Processing in Sensor Networks (IPSN 2011)* (pp. 73–84).



- R receives packet with high probability if  $\Delta \le 0.5 \ \mu s$
- Property exploited also in A-MAC [Dutta et al., SenSys '10]

### Synchronized Transmission with Backcast

- A link-layer frame exchange in which:
  - A single radio PROBE frame transmission
  - Triggers zero or more *identical* ACK frames
  - Transmitted with tight timing tolerance
  - So there is minimum inter-symbol interference
  - And ACKs collide <u>non-destructively</u> at the receiver





P. Dutta, R. Musaloiu-E., I. Stoica, A. Terzis, "Wireless ACK Collisions Not Considered Harmful", HotNets-VII, October, 2008, Alberta, BC, Canada

# A-MAC's Contention Mechanism





Networked Embedded Systems

### ALL-TO-ALL NETWORK FLOODING: GLOSSY



# Increasing Reliability: Glossy Floods

- Main objectives
  - Fast and reliable flooding of messages
  - Accurate global time synchronization
  - Hide complexity of multi-hop networks
- Challenge in multi-hop wireless networks
  - Uncoordinated transmissions, packet loss, retransmission delays
- Glossy: Flooding architecture for wireless sensor networks
  - Fastest possible propagation, by design
  - Highly reliable (> 99.99 %)
  - Requires no network state information
  - Efficient also in dense networks
  - Time synchronization at no additional cost

Ferrari, F. and Zimmerling, M. and Thiele, L. and Saukh, O. (2011). Efficient Network Flooding and Time Synchronization with Glossy. In *10th International Conference on Information Processing in Sensor Networks (IPSN 2011)* (pp. 73–84).

# **Glossy: Key Techniques**

• **Temporally decouple** network flooding from application tasks



• Exploit synchronous transmissions for fast network flooding



# Synchronous Transmissions

• Multiple nodes transmit same packet at same time



- R receives packet with high probability if  $\Delta \le 0.5 \ \mu s$
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# **Challenges for Efficient Flooding**

How to relay packets **efficiently** and **reliably**?

- Avoid aggressive, uncoordinated broadcasts
- Typical approach: Coordinate packet transmissions
  - CF [Zhu et al., NSDI 2010]
  - RBP [Stann et al., SenSys 2006]
  - Maintain topology-dependent state



# **Glossy Flooding Architecture**

- All receiving nodes relay packets synchronously
  - Simple, but radically different solution
  - No explicit routing
  - No topology-dependent state
- Key Glossy mechanisms
  - Start execution at the same time
  - Compensate for hardware variations
  - Ensure deterministic execution timing



















When Glossy starts:

• Turn on radio



Initiator:

- Set relay counter c = 0
- Transmit packet



At packet reception:

Initiator

- Increment relay counter c
- Transmit synchronously



Receivers

#### Timeline



At packet reception:

- Increment relay counter c
- Transmit synchronously



#### Timeline



Stop and turn off radio when:

• Already transmitted N times



- *T<sub>slot</sub>* is constant by design
- Local estimates of  $T_{slot}$ Received relay counter c Reference time  $t_{ref}$
- *t<sub>ref</sub>* provides synchronized time



# **Propagation in Glossy**

- A relay counter c is set to 0 at the first transmission
- A node increments *c* before relaying the packet





# Time synchronization in Glossy

- Estimate the **relay length** during propagation
- Compute a common **reference time**





# **Glossy: Main Evaluation Findings**

• A few ms to flood packets to hundreds of nodes

• Reliability > 99.99 % in most scenarios

Synchronization error < 1 μs even after 8 hops</li>



# Evaluation of Glossy on FlockLab

- Multi-modal monitoring at network scale
- Flooding protocol (Glossy)
  - Packet transmissions overlap
- Power
  - Find current consumption for each state
  - Expected behavior?
- Activity
  - Packet exchange



**Critical Technique** 

#### MAC LAYER TIMESTAMPING



# Details – MAC Layer Timestamping





CC1101 radio module integrated into CC430



### CC430 Implementation Details

- $\tau_1$ : time distance from when the sync word pin goes high at a transmitter (*i.e.*, beginning of the transmission) until when the sync word pin goes high at a receiver (*i.e.*, beginning of the reception).
- $\tau_2$ : time distance from when the sync word pin goes low at a transmitter (*i.e.*, end of the transmission) until when the sync word pin goes high at a receiver (*i.e.*, end of the reception).







Recent Research

### EVALUATING CONCURRENT TRANSMISSIONS



#### **ETH** zürich

Master Thesis

#### Truth be told: Benchmarking BLE and 15.4

Anna-Brit Schaper

Supervisors: Romain Jacob | Reto Da Forno | Andreas Biri | Prof. Dr. Lothar Thiele






## Our Objective:

IEEE 802.15.4

## *To experimentally determine conditions for successful concurrent transmissions*

IN IEEE 802.15.4 and BLE in a repeatable fashion using small, low-cost, COTS devices.



	IEEE 802.15.4	BLE			
		1 Mbit	2 Mbit	500 Kbit	125 Kbit
Coding	DSSS	_	_	FEC S=2	FEC S=8
Time Delta	0.5 μs τ <sub>s</sub>	0.25 μs τ <sub>s</sub> /4	0.5 µs $ au_s$	0.5 µs $ au_s/2$	1 µs $ au_s$

the smaller the better for constructive interference

	IEEE 802.15.4	BLE				
		1 Mbit	2 Mbit	500 Kbit	125 Kbit	
Coding	DSSS	_	_	FEC S=2	FEC S=8	
Time Delta	0.5 $\mu$ s $ au_s$	0.25 μs τ <sub>s</sub> /4	0.5 µs $ au_s$	0.5 μs τ <sub>s</sub> /2	1 µs $ au_s$	
Power Delta	3 dB	8 dB	8 dB	8 dB	8 dB	
the larger the better for the (power) capture effect						

	IEEE 802.15.4	BLE				
		1 Mbit	2 Mbit	500 Kbit	125 Kbit	
Coding	DSSS	_	_	FEC S=2	FEC S=8	
Time Delta	0.5 µs $ au_s$	0.25 μs τ <sub>s</sub> /4	0.5 µs $ au_s$	0.5 μs τ <sub>s</sub> /2	1 µs $ au_s$	
Power Delta	3 dB	8 dB	8 dB	8 dB	8 dB	

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		1 Mbit	2 Mbit	500 Kbit	125 Kbit
Coding	DSSS	_	_	FEC S=2	FEC S=8
Time Delta	0.5 µs $ au_s$	0.25 µs $ au_s/4$	τ	0.5 μs τ <sub>s</sub> /2	1 $\mu s$ $ au_s$
Power Delta	3 dB				



Results for same / different packet contents in separate plots



## Colors represent modes:















BLE 1 Mbit









	IEEE 802.15.4	BLE			
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Power Delta	5 dB	13 dB	11 dB	11 dB	9 dB

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Power Delta	5 dB	13 dB	11 dB	11 dB	9 dB	

































	IEEE 802.15.4	BLE				
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Power Delta	5 dB	13 dB	11 dB	11 dB	9 dB	







PRR [%]





BLE 2 Mbit

BLE 1 Mbit





BLE 2 Mbit

BLE 1 Mbit





BLE 2 Mbit

BLE 1 Mbit
































#### Power Capture Constructive and Coding Interference better BLE 125 Kbit IEEE 802.15.4 BLE 125 Kbit 802.15.4 2 Mbit BLE 1 Mbit BLE 500 Kbit BLE BLE BLE 1 Mbit Mbit

worse

BLE 500 Kbit

	IEEE	BLE			
	802.15.4	1 Mbit	2 Mbit	500 Kbit	125 Kbit
Coding	DSSS	_	_	FEC S=2	FEC S=8
Time Delta	0.5 µs $ au_s$	1 µs $ au_s$	0.5 µs $ au_s$	0.25 μs τ <sub>s</sub> /4	1 µs $ au_s$
Power Delta	5 dB	13 dB	11 dB	11 dB	9 dB

Low-Power System Design

### NETWORK TIME SYNCHRONIZATION BASICS



# Clock Synchronization in Networks?

- *Time, Clocks, and the Ordering of Events in a Distributed System.* L. Lamport, Communications of the ACM, 1978.
- Internet Time Synchronization: The Network Time Protocol (NTP). D. Mills, IEEE Transactions on Communications, 1991
- *Reference Broadcast Synchronization (RBS).* J. Elson, L. Girod and D. Estrin, OSDI 2002
- Timing-sync Protocol for Sensor Networks (TPSN). S. Ganeriwal, R. Kumar and M. Srivastava, SenSys 2003
- Flooding Time Synchronization Protocol (FTSP). M. Maróti, B. Kusy, G. Simon and Á. Lédeczi, SenSys 2004
- and many more ...

# Time in Sensor Networks

- Synchronizing time is essential for many applications
  - Coordination of wake-up and sleeping times (energy efficiency)
  - TDMA schedules
  - Ordering of collected sensor data/events
  - Co-operation of multiple sensor nodes
  - Estimation of position information (e.g. shooter detection)
- Goals of clock synchronization
  - Compensate offset\* between clocks
  - Compensate drift\* between clocks

\*terms are explained on following slides



#### Properties of Clock Synchronization Algorithms

- External versus internal synchronization
  - External sync: Nodes synchronize with an external clock source (UTC)
  - Internal sync: Nodes synchronize to a common time
    - to a leader, to an averaged time, or to anything else
- One-shot versus continuous synchronization
  - Periodic synchronization required to compensate clock drift
- A-priori versus a-posteriori
  - A-posteriori clock synchronization triggered by an event
- Global versus local synchronization
- Accuracy versus convergence time, Byzantine nodes, ...

# **Global Clock Sources**

- Radio Clock Signal
  - Clock signal from a reference source (atomic clock) is transmitted over a long wave radio signal
  - DCF77 station near Frankfurt, Germany transmits at 77.5 kHz with a transmission range of up to 2000 km
  - Accuracy limited by the distance to the sender, Frankfurt-Zurich is about 1ms.
  - Special antenna/receiver hardware required
- Global Positioning System (GPS)
  - Satellites continuously transmit own position and time code
  - Line of sight between satellite and receiver required
  - Special antenna/receiver hardware required





# Global Clock Sources (2)

- AC power lines
  - Use the magnetic field radiating from electric AC power lines
  - AC power line oscillations are extremely stable (10<sup>-8</sup> ppm)
  - Power efficient, consumes only 58  $\mu$ W
  - Single communication round required to correct phase offset after initialization
- Sensor Signals (Sunlight)
  - Using a light sensor to measure the length of a data
  - Offline algorithm for reconstructing global timestamps by correlating annual solar patterns (no communication required)





# Global vs. Local Time Sync

- In cases where no network-wide time synchronization is available
  - Global time sync not available for network protocol control
  - Implications on data usage
- Solution: Elapsed time on arrival
  - Sensor nodes measure/accumulate packet sojourn time
  - Base station annotates packets with UTC timestamps





# Network Time Synchronization

#### Goal

Send time information (beacons) across network to synchronize clocks

Problems

-Network ensemble interactions

- Hardware clocks exhibit drift
- Jitter in the message delay





# Hardware Clocks Experience Drift

- Hardware clock
  - Counter register of the microcontroller
  - Sourced by an external crystal (32kHz, 7.37 MHz



Clock drift

ETH zurich

 Random deviation from the nominal rate dependent on ambient temperature, power supply, etc. (30-100 ppm)-





This is a drift of up to 50 µs per second or 0.18s per hour

# **Example Glossy and Timing**



- R receives packet with high probability if  $\Delta \le 0.5 \ \mu s$
- 32.768 kHz @ 10/20/50ppm ->  $\frac{1}{32768 \, kHz}$  = 30.5  $\mu sec$
- +/-20 ppm results in 32.7673 to 32.7687 kHz
  32768 ± 20 ppm is x 0.999980 to x 1.000020
- 1 Month = 60x60\*24\*30 = 2.6 million seconds
  20 ppm crystal for wakeup results in error 1 min per month

# **Messages Delays Experience Jitter**

- Problem: Jitter in the message delay
  - Various sources of errors (deterministic and non-deterministic)



- Solution: Timestamping packets at the MAC layer
  - Jitter in the message delay is reduced to a few clock ticks





# **Jitter Practical Details**

- Different radio chips use different paradigms
  - Left is a CC1000 radio chip which generates an interrupt with each byte
  - Right is a CC2420 radio chip that generates a single interrupt for the packet after the start frame delimiter is received



# Symmetric Errors

• Many protocols don't even handle single-hop clock synchronization well. On the left figures we see the absolute synchronization errors of TPSN and RBS, respectively. The figure on the right presents a single-hop synchronization protocol minimizing systematic errors



- Even perfectly symmetric errors will sum up over multiple hops
  - In a chain of *n* nodes with a standard deviation  $\sigma$  on each hop, the expected error between head and tail of the chain is in the order of *cumulative error* =  $\sigma \sqrt{n}$

### **Influence Factors**



Fable 1.	The sources of	' delays in	message	transmissions
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Time	Magnitude	Distribution	
Send and Receive	0 – 100 ms	nondeterministic, depends on the processor load	
Access	10 – 500 ms	nondeterministic, depends on the channel contention	
Transmission / Reception	10 – 20 ms	deterministic, depends on message length	
Propagation	< 1µs for distances up to 300 meters	deterministic, depends on the distance between sender and receiver	
Interrupt Handling	< 5µs in most cases, but can be as high as 30µs	nondeterministic, depends on interrupts being disabled	
Encoding plus Decoding	$\frac{100 - 200 \mu s}{< 2 \mu s \text{ variance}}$	deterministic, depends on radio chipset and settings	
Byte Alignment	$0-400\mu s$	deterministic, can be calculated	

Low-Power System Design

### NETWORK TIME SYNCHRONIZATION ALGORITHMS



# Sender/Receiver Synchronization

• Round-Trip Time (RTT) based synchronization



- Receiver synchronizes to the sender's clock
- Propagation delay  $\delta$  and clock offset  $\theta$  can be calculated

$$\delta = \frac{(t_4 - t_1) - (t_3 - t_2)}{2}$$
  
$$\theta = \frac{(t_2 - (t_1 + \delta)) - (t_4 - (t_3 + \delta))}{2} = \frac{(t_2 - t_1) + (t_3 - t_4)}{2}$$



# Synchronizing Nodes

- Sending periodic beacon messages to synchronize nodes
- Payload contains local time information



#### How Accurately Can We Synchronize?

Message delay jitter affects clock synchronization quality





# Clock Skew between two Nodes

Lower Bound on the clock skew between two neighbors



Error in the rate estimation:

- Jitter in the message delay
- Beacon interval
- Number of beacons k

$$|\hat{r} - r| \sim \frac{J}{Bk\sqrt{k}}$$

Synchronization error:

$$|\hat{y} - y| \sim \frac{J}{\sqrt{k}}$$

# Multi-hop Clock Skew

Nodes forward their current estimate of the reference clock
 Each synchronization beacon is affected by a random jitter J



• Sum of the jitter grows with the square-root of the distance  $stddev(J_1 + J_2 + J_3 + J_4 + J_5 + \dots Jd) = \sqrt{d \times stddev(J)}$ 





# **Error Mitigation: Linear Regression**

 FTSP uses linear regression to compensate for clock drift Jitter is amplified before it is sent to the next hop





#### **Clock Synchronization Algorithms**



## FTSP vs. GTSP: Global Skew

- Network synchronization error (global skew)
  - Pair-wise synchronization error between any two nodes in the network



### FTSP vs. GTSP: Local Skew

- Neighbor Synchronization error (local skew)
  - Pair-wise synchronization error between neighboring nodes
- Synchronization error between two direct neighbors:



# The PulseSync Protocol

- Send fast synchronization pulses through the network
  - Speed-up the initialization phase
  - Faster adaptation to changes in temperature or network topology



# The PulseSync Protocol (2)

- Remove self-amplification of synchronization error
  - Fast flooding cannot completely eliminate amplification



# FTSP vs. PulseSync

- Global Clock Skew
  - Maximum synchronization error between any two nodes



Synchronization Error	FTSP	PulseSync
Average (t>2000s)	23.96 µs	4.44 μs
Maximum (t>2000s)	249 μs	38 µs

### FTSP vs. PulseSync



### Wireless Multi-hop Time Synchronization





### **INCORPORATING TIME-OF-FLIGHT**



# Is Time-of-flight Really Negligible?

"The absolute value of this delay is negligible as compared to other sources of packet latency." [TPSN 2003]

"... it does not and cannot compensate for the propagation delay. This is not a major limitation of the approach in typical WSN..." [FTSP 2004]

"... over short distances (less than 300 meters) its duration is negligible (less than one microsecond)." [RATS 2006]






### **Time-of-flight Matters**



# **Outdoor Distances Might Be Long**



Deployment of the PermaSense Project [1] in the Swiss Alps

Propagation delay 13.33 µs

[1] www.permasense.ch

## Wireless Multi-hop Time Synchronization



### Ingredients for Accurate Synchronization

	TPSN	FTSP	PulseSync	Glossy	TATS *
MAC-layer timestamping	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Linear regression for offset and clock rate estimation		$\checkmark$	$\checkmark$		$\checkmark$
Two-way delay measurements	$\checkmark$				$\checkmark$
Fast flooding			$\checkmark$	$\checkmark$	$\checkmark$

\* Time-of-flight Aware Time Synchronization















# Synchronization Based on Network Flooding



# Synchronization Based on Network Flooding



[1] C. Lenzen et al, Optimal clock synchronization in networks, SenSys 2009

# Synchronization Based on Network Flooding



[1] C. Lenzen et al, Optimal clock synchronization in networks, SenSys 2009

# TATS MAC Layer Timestamping



**Figure 5. Timestamps for one message transmission.** *Timestamps T and R are inaccurate due to asynchronous clocks and uncertainties introduced with radio modulation.* 

# **Propagation Delay Measurement**



Propagation delay:  $(R_2 - T_1 - \omega) / 2$ 



**EH**zürich

# Putting it Together



### Can we measure delays using only *one packet per node*?



Less transmissions Fits into existing flooding communication schemes No need for explicit tree topology creation

### Can we measure delays using only *one packet per node*?



Less transmissions Fits into existing flooding communication schemes No need for explicit tree topology creation









# Putting it Together





One broadcast packet per round and node, same as in FTSP and PulseSync











### Experimental Evaluation on FlockLab



### Comparison to PulseSync and Glossy



### Comparison to PulseSync and Glossy



283 m / 22 hops

Dynamic

### Head-to-head Comparison







# Today's Hot Researcher & Paper

- Adam Dunkels
  - Former researcher at SICS
  - Founder/CEO Thingsquare
- Pionieered IP on embedded devices
- Author/creator of
  - uIP (micro-IP) and IwIP TCP/IP protocol stacks
  - Protothreads
  - Contiki operating system
- MIT Technology Review TR35 (2009)
- "Interconnecting Smart Objects with IP the Next Internet", co-authored with JP Vasseur and a foreword by Vint Cerf.



INTERCONNECTING SMART OBJECTS WITH IP



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# Recap of Today

- System-level design requires to think across all layers
- (Temporal) Co-ordination helps a lot to
- Often "surprising" discoveries (constructive interference) can be leveraged
- State-of-the-Art protocols allow very low-power communication at little energy cost

